

Relationships and Health Education

	Autumn 1 Year A	Autumn 2 Year A	Spring 1 Year A	Spring 2 Year A	Summer 1 Year A	Summer 2 Year A
EYFS	Relationships Education, Caring Friendships, Health Education, Mental Well Being					
Year 1/2	Respecting Ourselves and Others Families and Friendships	Respecting Ourselves and Others Relationships - Making Friends, Feeling Lonely, Getting Help	Living in the Wider Worlds	Belonging to our Community	Physical Health and Mental Well Being Keeping Healthy, Food and Exercise, Hygiene Routines and Sun Safety	Physical Health and Mental Well Being
Year 3/4	Respecting Ourselves and Others Friends and Families	Respecting Ourselves and Others Families and Friendships	Belonging to A Community	Belonging to A Community	Physical Health and Mental Well Being	Physical Health and Mental Well Being
Year 5/6	Respecting Others and Ourselves Families and Friendships	Celebrating Difference Across the Worlds	Living in the Wider World	Belonging to a Community	Economic Well being, Aspirations, Work and Career	Understanding That Everyone is Unique and Special

Relationships and Health Education

	Autumn 1 Year B	Autumn 2 Year B	Spring 1 Year B	Spring 2 Year B	Summer 1 Year B	Summer 2 Year B
EYFS	Families and People Who Care For Me. Caring Friendships. Respectful Relationships					
Year 1/2	Safe Relationships	Safe Relationships	Media Literacy and Digital Resilience Money and Work Strengths and Interests	Media Literacy and Digital Resilience Money and Work	Growing and Changing Recognising What Makes Us Unique and Special Keeping Safe	Keeping Safe Changing and Growing
Year 3/4	Safe Relationships	Safe Relationships	Media Literacy and Digital Resilience Money and Work	Media Literacy and Digital Resilience Money and Work	Changing and Growing Keeping Safe	Changing and Growing Keeping Safe
Year 5/6	Keeping Safe	Safe Relationships	Safety with Online Communities	Media Literacy and Digital Resilience	Health and WellBeing, Body Image, Sleep, Emergency First Aid	Growing & Changing